

REFLECTING ON YOUR TEAM AND PROJECT

Pre-start Checklist

We've compiled 7 action packages to guide you on your way to meaningful neighbourhood action on lighter living. But before getting started, remember what the primary goal is:

To reduce footprints while prioritizing shifts that lead to better living and greater wellbeing for everyone.

This means that, when you engage with others in your community, you need to be conscious of your own background and perspectives. This requires some important personal reflection. By yourself or as a group, take an hour or so to reflect on the following sets of questions.

The first set helps you reflect on yourself as a change-maker, while the second set addresses community action, with a project-specific focus. For each question, jot down your responses as a baseline reference, then check in every six months or so to see how your thinking has evolved.

Remember!

It's OK to let yourselves be vulnerable!

We're here
to help you make a
difference where you live.

Find out more at:
[www.oneearthweb.org/
neighbourhoods](http://www.oneearthweb.org/neighbourhoods)



Reflecting on yourself: the personal work

To ground yourselves as change-makers while remaining aware of your own personal context, footprints and daily life, consider:

Add your reflections →

◆ When I imagine my thriving neighbourhood, what does it look like? Who/what do I see?

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◆ What are the priorities and focus areas of this thriving neighbourhood? What is important to its community?

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◆ Who/what is being left out of this image? Why might that be?

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◆ What (un)conscious biases might I have that influence how I see people, my community and the world?

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◆ What privileges, resources and access do I have and bring to this work?

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◆ What barriers do I face to living lighter? (could relate to housing type, neighbourhood, influence of family/friends, etc.)

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◆ What opportunities are available to me (in my life/community) to help me live lighter?

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◆ What is my personal ecological footprint? Find out about your footprint at oneearthweb.org

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◆ What is my vision for my own life with respect to lighter living? What is important to me and what actions am I committing to?

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◆ What lived experience, skill sets and qualities do I bring to this work?

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◆ When I think about wellbeing for all people, what does this look like and what needs need to be addressed?

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Reflecting on your project: the community work

To approach neighbourhood work in a way that maximizes positive impact and invites participation, consider:

Add your reflections →

❖ Is my project advancing the footprint and climate priorities in BC? How do I decide across multiple action options? Priorities are set out on pp. 8-9 of the Action Pack.

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❖ Does my project advance environmental objectives at the cost of justice and wellbeing?

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❖ Is my project accessible, and are the activities held in accessible locations? (consider physical, mental, language and communication barriers)

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❖ Does the outreach include connecting with groups/communities that are harder to contact or that face barriers to participation? How might everyone feel welcome and cared for?

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❖ Does my project/event require a monetary commitment or fee? How are low-income community members being invited to this space?

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❖ How could I maximize co-benefits (e.g., support wellbeing and health by providing nutritious, sustainable food options; contribute to indigenous reconciliation)?

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❖ Have I fully explored (and addressed) potential negative impacts? (e.g., waste generation, increased travel demands, noise, etc.)

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❖ Does the design of my project appeal to multiple audiences? Is it culturally aware and inclusive?

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❖ Are there opportunities to bring new people and perspectives into the project's organizing/design?

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